



Valentines 2017!
Give the Gift of Love

NOURISHING LOVE AND HAPPINESS

Two day Retreat for Couples

Loving and nourishing relationships fill our hearts and soul with the sustenance needed to live our complicated lives. **Nourishing Love and Happiness** is an uplifting two day retreat for couples. In this retreat you will learn the skills and gain the tools to restore and nurture a loving connection.



In the Nourishing Love and Happiness retreat you will:

- deepen your understanding of how you co-create the dynamics in your relationship.
- discover the habits and patterns that influence your relationship.
- learn how your brain functions to reinforce these habits.
- experience and nurture the space between you.
- expand how to be present with yourself and each other.

This retreat is designed for all couples in a committed relationship. If you have a solid relationship, this retreat will offer techniques to cultivate further closeness, understanding and trust. If your relationship is troubled, this two day retreat will give you practical tools to revitalize and grow your relationship.



DATE AND TIME

Saturday and Sunday, February 11-12, 2017
8:30am to 6:00pm each day

TUITION

\$850/couple
\$150 deposit to register

LOCATION

Saguaro
4000 N. Drinkwater Blvd. Scottsdale, AZ 85251
<http://thesaguaro.com/> Tel: 480.308.1100

SCHOLARSHIPS

Available for couples in financial need.



More information and registration: Call or text 520.603.6647, email sharapy@cox.net
The retreat fills up several weeks before the retreat date. Register soon to hold your place.
sharigoettel.com

